

August 2025



Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Mahjong 10:30 AM – 1:00 PM Friday Fun Days 1:30 PM – 2:30 PM
4	5	6	7	8
Chair Yoga for Women 9:00 AM – 12:00 PM Sittersize 2:00 PM – 3:00 PM Cards & Games 3:15 PM – 7:00 PM	Bible Study & Open Conversation Forum 10:00 AM – 11:30 AM Yoga for Aging Bodies 6:00 PM – 7:00 PM	Sittersize 2:00 PM – 3:00 PM Computer & Internet Basics 4:00 PM – 5:00 PM	Chair Yoga for Women 9:00 AM – 12:00 PM Cornhole 5:00 PM	Chair Yoga for Women 9:00 AM – 12:00 PM Mahjong 10:30 AM – 1:00 PM Friday Fun Days 1:30 PM – 2:30 PM
11	12	13	14	15
Chair Yoga for Women 9:00 AM – 12:00 PM Sittersize 2:00 PM – 3:00 PM Cards & Games 3:15 PM – 7:00 PM	Bible Study & Open Conversation Forum 10:00 AM – 11:30 AM BINGO 6:00 PM – 7:00 PM	Sittersize 2:00 PM – 3:00 PM Yoga for Aging Bodies 6:00 PM – 7:00 PM	Chair Yoga for Women 9:00 AM – 12:00 PM H/TA Members-Only Meeting 7:00 PM	Mahjong 10:30 AM – 1:00 PM Friday Fun Days 1:30 PM – 2:30 PM
18	19	20	21	22
Chair Yoga for Women 9:00 AM – 12:00 PM Sittersize 2:00 PM – 3:00 PM Cards & Games 3:15 PM – 7:00 PM	Bible Study & Open Conversation Forum 10:00 AM – 11:30 AM Yoga for Aging Bodies 6:00 PM – 7:00 PM	Sittersize 2:00 PM – 3:00 PM Computer & Internet Basics 4:00 PM – 5:00 PM	Chair Yoga for Women 9:00 AM – 12:00 PM Pins & Needles: Crochet, Knitting, Sewing 1:00 PM – 3:00 PM Situational Awareness Class for Ladies 6:00 PM – 7:00 PM	Mahjong 10:30 AM – 1:00 PM Friday Fun Days 1:30 PM – 2:30 PM
25	26	27	28	29
Chair Yoga for Women 9:00 AM – 12:00 PM Sittersize 2:00 PM – 3:00 PM Cards & Games 3:15 PM – 7:00 PM	Bible Study & Open Conversation Forum 10:00 AM – 11:30 AM Yoga for Aging Bodies 6:00 PM – 7:00 PM	Sittersize 2:00 PM – 3:00 PM BINGO 6:00 PM – 7:00 PM	Chair Yoga for Women 9:00 AM – 12:00 PM Women’s Ministry Group 4:00 PM – 5:00 PM	Mahjong 10:30 AM – 1:00 PM Friday Fun Days 1:30 PM – 2:30 PM